

SunAWARE Post-Test: Grades 3-5

Name: _____ Grade/Teacher: _____ Date: _____

Circle letter(s) or check correct answer.

- Where do ultraviolet rays come from?
a. the moon b. the sun c. laser toys d. Mars e. microwaves
- Which kind of ultraviolet rays causes damage to our skin?
a. UVA b. UVB c. both UVA and UVB d. neither UVA or UVB
- Only light skinned people with blue eyes and freckles need to re-apply sunscreen every two hours.
___ true
___ false
- The sun's rays are most intense at:
a. 10 am b. 12 noon c. 2pm d. 4pm e. 6 pm
- The sun's rays are most intense:
a. first day of Winter b. when there is a full moon c. first day of Spring
d. on the hottest day of the year e. when there is a high tide
- Snow can reflect up to 80% of the UV rays.
___ true
___ false
- You should wear a sunscreen that includes at least a SPF 30 and BROAD Spectrum claim on the label?
___ true
___ false
- We don't need sunglasses in the wintertime.
___ true
___ false
- Freckles are present on our skin because _____ .
a. we are born with them.
b. we get them from sun exposure.
c. we get them from an allergic reaction to certain foods.
d. we get them from a reaction to vaccinations.
e. we get them from sunscreen.
- _____ blocks most UVB, the sunburn rays, from reaching the Earth.
a. The Milky Way b. A weather satellite c. The ozone layer d. The National Guard e. The Moon

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Answer Key:

1. b. the sun
2. c. both UVA and UVB
3. false
4. b. 12 noon
5. c. first day of Spring
6. true
7. true
8. false
9. b. we get them from sun exposure.
10. c. The ozone layer