

Tips for Outdoor Babyproofing



## Partners in Prevention

## Be Safe, Be SunAWARE!

- Avoid direct and reflected sunlight especially between 10 am and 4 pm.
- Wrap baby's eyes with sunglasses, cover all skin with appropriate clothing, including a wide brimmed hat, long sleeves, and pants or leggings.
- As a last resort, and after testing on a small patch of skin, apply broad-spectrum SPF30+ sunscreen to areas that cannot be otherwise protected, selecting products that contain zinc oxide or titanium dioxide.
- **R**emember that UV peaks in June and can be suprisingly high on cool Spring days. Always check the UV to plan your baby's day.
- Educate everyone who cares for your infant that they can develop sunburns more easily than older babies and suffer from severe consequences including dehydration, fever, and skin infections.

## visit us at MelanomaPrevention.org



## Children's Melanoma Prevention Foundation

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